



G'Town Fast-n-Fit

Boys Middle School Strength Training Camp

Schedule and Registration

Session 1 – January 4 thru January 29 **Session 2** – February 1 thru February 26

Session 3 – March 1 thru March 26

Location – Faith Lutheran Church – Germantown

Days – Tuesday and Thursday

Athlete's name _____

Parent's Name: _____

Address: _____

Phone: _____ City, Zip _____

Email Address: _____

Please Circle Grade: 7th – 8th

Please check which package you wish to register your son for.

Cost when you purchase 1 session \$85/session ___ Total payment due \$85

Save Cost when you purchase 2 sessions \$79/session ___ Total payment due \$158

Save Cost when you purchase 3 sessions \$69/session ___ Total payment due \$207

If you choose the 2 session package you do not have to complete both sessions in a row but it is highly recommended for best results. Checks payable to Performax – Performance Training

Please circle which sessions your son will be attending 1 - 2 - 3

Mail to: Performax – Performance Training W161 N11115 Meadow Dr Germantown, WI 53022

As a parent or legal guardian of the above student, I hereby waive, release, indemnify and hold harmless Performax Performance Training LLC, all coaches or assigns associated with the Camp in any way from any injury or liability whatsoever which may result from the student athlete participating in the this camp. Further, I hereby affirm that the student is medically able to participate in the camp without limitations.

Signature of Guardian or Parent _____ Date: _____

Learn more at <http://gtownfastnfit.com/camp-schedule/middle-school-strength-camp/>